

Employee	Email	Extension	Position	Coaching & Extracurriculars
<b><u>Administration</u></b>				
Michael Crozier	mcrozier@nkvikings.com	301	Superintendent	
Brian Costello	bcostello@nkvikings.com	201	Elementary Principal	
Keith Fritz	kfritz@nkvikings.com	101	Secondary Principal	
<b><u>Professional Staff</u></b>				
Jared Barnes	jbarnes@nkvikings.com	115	Instrumental Music	
Suzanne Bestul	sbestul@nkvikings.com	102	Spanish	
Alexandria Black	ablack@nkvikings.com	236	Special Education	
Kimberly Borowczyk	kborowczyk@nkvikings.com	114	Mathematics	National Honor Society
Elizabeth Butler	bbutler@nkvikings.com	103	Instructional Coach	Speech
Dave Capitani	dcapitani@nkvikings.com	105	Social Studies, Mentor Teacher	Head Football, JH Wrestling, Head Boys Track
Martin Cotter	mcotter@nkvikings.com	106	Vocational Agriculture	Asst Football, Head Boys Basketball
Monte DeArmoun	mdearmoun@nkvikings.com	107	Social Studies, Model Teacher	Asst Boys Basketball, Student Council
Brendan Ehlike	behlike@nkvikings.com	108	Business Education	Asst Boys Track, Cross Country, JH Boys Basketball
Troy Einertson	teinertson@nkvikings.com	247	4th Grade	Head Girls Track
Stephanie Eskildsen	seskildsen@nkvikings.com	208	Preschool	
Debora Faugstad	dfaugstad@nkvikings.com	109	Language Arts, Model Teacher	
Jeffrey Ferstein	jferstein@nkvikings.com	112	Science	JH Boys Basketball, Head Baseball
M. Anne Flathman	aflathman@nkvikings.com	192	Language Arts	Speech
Jacqueline Groesbeck	jpgroesbeck@nkvikings.com	116	Special Education	
Lisa Hagen	lhagen@nkvikings.com	209	5th & 6th Grade	
Alyssa Hanna	ahanna@nkvikings.com	210	Kindergarten, Mentor Teacher	
Amy Hansen	ahansen@nkvikings.com	117	Language Arts & 9-12 Guidance	
Elaine Hansen	ehansen@nkvikings.com	204	Title 1 Reading	
Joleen Hansen	jhansen@nkvikings.com	212	Special Education	
Steve Hartman	shartman@nkvikings.com	110	Industrial Technology, Mentor Teacher	Activities Director, Girls Golf
Nichol Hebel	nhebel@nkvikings.com	213	Kindergarten	JH Volleyball
Samantha Hemann	shemann@nkvikings.com	211	1st grade	
Lori Hill	lhill@nkvikings.com	214	3rd Grade	
Morgan Howie	mhowie@nkvikings.com	121	Art	Asst Volleyball, Asst Girls Track, Yearbook
Trevor Hunt	thunt@nkvikings.com	132	Physical Education	Asst Girls Basketball
Shannon Jacobsen	sjacobsen@nkvikings.com	223	Special Education	
Michael Kessel	mkessel@nkvikings.com	215	Physical Education	JH Girls Basketball, JH Girls Track
Nikkole Koenig	nkoenig@nkvikings.com	111	Vocal Music, Model Teacher	Drama
Mari Ann Kroneman	mkroneman@nkvikings.com	217	1st Grade	
Donna Martin	dmartin@nkvikings.com	218	Preschool	
Kimberly Odegaard	kodegaard@nkvikings.com	141	Director of Curriculum & Innovation	JH Volleyball
Annette Orvedal	aorvedal@nkvikings.com	220	5th & 6th Grade	
Gregory Parks	gparks@nkvikings.com	221	5th & 6th Grade	JH Football, JH Girls Basketball, Boys Golf, Head Softball
Teresa Pietsch	tpietsch@forestcity.k12.ia.us	203	Media Specialist	
Jordan Reindl	jreindl@nkvikings.com	142	Special Education	Head Wrestling, JH Boys Track
Michael Reindl	mreindl@nkvikings.com	104	Alternative School	JH Football
Shannon Seehusen	sseehusen@nkvikings.com	225	4th Grade	
Ryan Severson	rseverson@nkvikings.com	222	5th & 6th Grade	
Jordan Smalley	jsmalley@nkvikings.com	113	TAG and Reading Recovery	
Rachel Symonds	rsymonds@nkvikings.com	118	Science	
Megan Thorson	mthorson@nkvikings.com	138	Family & Consumer Science Teacher	FCCLA
Colette Ubben	cubben@nkvikings.com	205	3rd Grade, Model Teacher	

Jacob Urbatsch	jurbatsch@nkvikings.com	224	2nd Grade, Mentor Teacher	
Carrie Wagner	cwagner@nkvikings.com	226	2nd Grade	
Lori Willert	lwillert@nkvikings.com	122	Mathmatics	Math Club
Ashley Williams	ashaw@nkvikings.com	216	K-8 Guidance	
<b><u>District Office</u></b>				
Debra Athey	dathey@nkvikings.com	300	Business Manager, Board Secretary	
Theresa Van Sabben	tvansabben@nkvikings.com	304	Human Resources Director	
<b><u>Technology</u></b>				
Ryan Welch	rwelch@nkvikings.com	302	Director of Technology	
<b><u>Nursing</u></b>				
Heather Rheingans	hrheingans@nkvikings.com	227	Nurse	Head Volleyball
<b><u>Social Worker</u></b>				
Amy Abels	aabels@centralsprings.net	307	Social Worker	
<b><u>Secretarial</u></b>				
Tina Johnson	tjohnson@nkvikings.com	200	Elementary Secretary	
Clara Helgeland	chelgeland@nkvikings.com	100	Secondary Secretary	
<b><u>Transportation</u></b>				
Daryl Love	dlove@nkvikings.com	303	Director of Transportation	Asst Football, Head Girls Basketball
Jacob Hanson	jhanson@nkvikings.com	303	Bus Driver	
Darrin Kliment	dkliment@nkvikings.com	303	Bus Driver	
Brian Lund	blund@nkvikings.com	303	Bus Driver	
Bryn Pangburn	bpangburn@nkvikings.com	303	Bus Driver	
Donald Pangburn	dpangburn@nkvikings.com	303	Bus Driver	
<b><u>Custodial</u></b>				
Neil Riley	nriley@st-ansgar.k12.ia.us		Director of Buildings & Grounds	
Joann Aswegan	jaswegan@nkvikings.com	228	Elementary Custodian & Nutrition worker	
Steven Butler	sbutler@nkvikings.com	228	Head Custodian	
Denise Dahl	ddahl@nkvikings.com	124	Secondary Custodian	
Kent Nitcher	knitcher@nkvikings.com	123	Secondary Custodian	
<b><u>Associates</u></b>				
Makayla Batton	mbatton@nkvikings.com		Secondary Associate	
Jeanette Berge	jberge@nkvikings.com		Elementary Associate	
Kimberly Bode	kbode@nkvikings.com		Elementary Associate	
Tiffany Buchanan	tbuchanan@nkvikings.com		Secondary Associate	
Hayley Buechele	hbuechele@nkvikings.com	218	Preschool Associate	
Teresa Butler	tbutler@nkvikings.com	208	Preschool Associate	
Jennifer Christianson	jchristianson@nkvikings.com		Elementary Associate	
Kristin Craig	kcraig@nkvikings.com		Elementary Associate	
Diane Conlin	dconlin@nkvikings.com		Elementary Associate	
Renee Davey	rdavey@nkvikings.com		Secondary Associate	
Jessica Hendrikson	jhendrikson@nkvikings.com		Secondary Associate	
Deanna Katcher	dkatcher@nkvikings.com	229	Elementary Library Associate	
Brenda Meland	bmeland@nkvikings.com		Elementary Associate	
Amy Rollene	arollene@nkvikings.com		Elementary Associate	
Patti Trenhaile	ptrenhaile@nkvikings.com		Secondary Associate	
Nicole Venechuk	nveneuchuk@nkvikings.com	125	Secondary Library Associate	
Nichol Williamson	nwilliamson@nkvikings.com		Elementary Associate	
<b><u>Nutrition</u></b>				
Amy Hennigar	ahennigar@nkvikings.com	137	Director of Nutritional Services	

Tami Hanson	thanson@nkvikings.com	306	Elementary Head Cook	
Melissa Heiken	mheiken@nkvikings.com	305	Secondary Head Cook	
Amanda Manning	amanning@nkvikings.com	305	Secondary Cook	
Suzanne Senne	ssenne@nkvikings.com	306	Elementary Cook	
<b><u>School Board</u></b>				
Larry Hovey	lhovey@nkvikings.com		President	
John Anderson	janderson@nkvikings.com		Vice President	
Roger Harris	rharris@nkvikings.com		Board Member	
Susan Kliment	skliment@nkvikings.com		Board Member	
Cindy Pangburn	cpangburn@nkvikings.com		Board Member	HS Cheerleading
<b><u>Other Coaching</u></b>				
Ronald Hengesteg				Asst Baseball