

Northwood-Kensett Junior/Senior High School

WAIVER AND RELEASE OF LIABILITY FOR ALL SPORTS

I am aware that trying out, practicing, or any other form of participation in any sport can be a dangerous activity involving risk of injury. I understand that the dangers and risks of playing or practicing sports include the possibility of minor to severe injury, and I understand and assume that risk.

Because of the dangers of participating in sports, I recognize the importance of listening to, and following all of the coach's instructions and warnings regarding playing techniques, training methods, rules of instructions as well as following all written warnings regarding playing techniques, training methods, rules of the sport and other team rules. I understand that all instructions and warnings, both verbal and written, are incorporated into this agreement and I hereby expressly promise to obey all such instructions and warnings.

In consideration of the Northwood-Kensett Schools permitting me to try out, practice, play, or in any other way participate in activities related to the Northwood-Kensett Schools team including practicing, conditioning, playing, and traveling, I hereby voluntarily assume all of the risks and hazards associated with such participation. I agree to waive all claims of whatever nature, fully and finally, now and forever, for myself, my estate, my heirs, my administrators, my executors, my assignees, my successors, and for all members of my family. I also agree to release, exonerate, discharge and hold harmless the above named school district, school, their trustees, officers, agents, servants, employees, successors and assignees, including their athletic staffs, coaches, assistant coaches, athletic trainers, physicians and other practitioners of the healing arts treating me, from any and all liability, claims, causes of action or demands arising out of any injuries to my person or property, or losses of any kind and nature whatsoever, which may result from or in connection with my participation in any type of activity related to the Northwood-Kensett Schools athletic teams.

I specifically acknowledge that football and wrestling are violent and physically demanding sports involving even greater risk of injury than those other sports, and I both understand and I voluntarily assume all of those risks.

Student-Athlete Initials

Student's Printed Name

Student-Athlete Signature

Date

Parent/Legal Guardian Signature Date

Date