

BREAKFAST & LUNCH



2018-2019
School Year

APRIL MENU

Elementary &
Jr./Sr. High Schools

NORTHWOOD-KENSETT

COMMUNITY SCHOOL DISTRICT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>BREAKFAST: Pancake on a Stick Toast/Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Beef Nachos w/Toppings, Corn*, Broccoli Fruit, Milk</p>	<p>2</p> <p>BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice Milk</p> <p>LUNCH: Pulled Pork on Bun Mac-n-Cheese, Green Beans Coleสลaw* Fruit, Milk</p>	<p>3</p> <p>BREAKFAST: Iced Long Johns Toast/Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Cheesy Breadsticks & Meat Sauce, Lettuce Salad w/Grape Tomatoes*, Corn, Baby Carrots Fruit, Milk</p>	<p>4</p> <p>BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Breaded Fish Sticks Mashed Potatoes Asparagus, Tea Roll, Fruit, Milk</p>	<p>5</p> <p>BREAKFAST: Scrambled Eggs & Sausage Links/Toast/Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Hot Dog/Chili Dog Potato Wedges* Baked Beans, Cucumbers, Cookie(E) Fruit, Milk</p>
<p>8</p> <p>BREAKFAST: Yogurt Parfaits Toast/Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Crisпитos, California Blend Veggie, Lettuce, Cookie* Fruit, Milk</p>	<p>9</p> <p>BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Chicken Strip Wrap Glazed Carrots, Baked Beans, Cucumbers, Fruit, Milk</p>	<p>10</p> <p>BREAKFAST: French Toast Sticks, Toast/Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Spaghetti w/Meat Sauce, Garlic Twisty Bread, Lettuce Salad, Fruit, Milk</p>	<p>11</p> <p>BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Grilled Cheese Sandwich, Tomato Soup, Broccoli, Cottage Cheese, Fruit, Milk</p>	<p>12</p> <p>BREAKFAST: Scrambled Eggs & Ham/Toast/Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Sloppy Joes, Crinkle Cut Fries, Green Beans, Baby Carrots, Fruit, Milk</p>
<p>15</p> <p>BREAKFAST: Colby Cheese Omelet, Toast/Cereal, Fruit, Juice, Milk</p> <p>LUNCH: : Chicken Fajitas w/Toppings, Glazed Carrots, Cookie, Fruit, Milk</p>	<p>16</p> <p>BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Cheese Pizza, Lettuce Salad*, Garlic Butter Veggies, Baby Carrots, Fruit, Milk</p>	<p>17</p> <p>BREAKFAST: Sugar & Cinnamon Snack Cake Toast/Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Orange Chicken over Rice, Broccoli, Cauliflower FF, Dinner Roll, Fruit, Milk</p>	<p>18</p> <p>BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Hamburger/Cheese burger on Bun, Crinkle Cut Fries, Baked Beans, Tomato slices, Fruit, Milk</p>	<p>19</p> <p>NO SCHOOL GOOD FRIDAY</p>
<p>22</p> <p>BREAKFAST: Oatmeal w/Toppings, Toast/Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Ham, Cheesy Potatoes, Broccoli, Dinner Roll, Fruit, Milk</p>	<p>23</p> <p>BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Walking Tacos, Black Bean Salsa Salad*, Corn, Baby Carrots FF Rice Krispie Treat*, Fruit, Milk</p>	<p>24</p> <p>BREAKFAST: Iced Lon Johns, Toast/Cereal, Fruit, Juice</p> <p>LUNCH: Creamed Chicken over Biscuit, Mashed Potatoes, Glazed Carrots, Fruit, Milk,</p>	<p>25</p> <p>BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Corn Dogs, Baked Beans, Crinkle Cut Fries, Radish FF*, Fruit, Milk</p>	<p>26</p> <p>BREAKFAST: Scrambled Eggs & Sausage Links, Toast/ Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Salisbury Steak, Mashed Potatoes, Green Beans, Dinner Roll, Fruit, Milk</p>
<p>29</p> <p>BREAKFAST: Breakfast Pizza Toast/Cereal, Fruit, Juice, Milk</p> <p>LUNCH: : Breaded Chicken Patty on Bun, Tator Tots, Broccoli, Fruit, Milk</p>	<p>30</p> <p>BREAKFAST: Muffin/Toast/ Cereal, Fruit Juice, Milk</p> <p>LUNCH: Lasagna, Garlic Twist Breadstick, Lettuce Salad w/Grape Tomatos, Glazed Carrots, Fruit, Milk</p>	<p>SALAD BAR AVAILABLE DAILY AT THE JR./SR. HIGH SCHOOL</p>		

All bread/buns are whole grain-rich
All milk is 1% low-fat or fat-free

MENU SUBJECT TO CHANGE

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* = Jr./Sr. High only, E = Elementary only
FF = Finger Foods