

BREAKFAST & LUNCH



2019-2020  
School Year

**DECEMBER MENU**

Elementary &  
Jr./Sr. High Schools

NORTHWOOD-KENSETT

COMMUNITY SCHOOL DISTRICT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b> <b>BREAKFAST:</b> Sausage &amp; Pancake B-fast Stick Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Beef Nachos w/Toppings, Broccoli, Corn, lettuce, Fruit, Milk</p>	<p><b>3</b> <b>BREAKFAST:</b> Muffin/Cereal, Yogurt/ Toast, Fruit, Juice,Milk <b>LUNCH:</b> Pulled Pork Sandwich Mac-n-Cheese,Green Beans Coleslaw, Cauliflower,Fruit,Milk</p>	<p><b>4 1:30 EARLY OUT</b> <b>BRFASTFAST:</b> Iced Long John/Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Cheesy BreadSticks &amp; Meat Sauce, Lettuce Salad*Garlic Veggie, Fruit, Milk</p>	<p><b>5</b> <b>BREAKFAST:</b> Muffin/ Cereal, Yogurt/Toast, Fruit, Juice,Milk <b>LUNCH:</b> Chili or Chicken Noodle Soup, Glazed Carrots ,Asparagus, Cinnamon Roll Crackers Fruit, Milk</p>	<p><b>6</b> <b>BREAKFAST:</b> Srambled Eggs/Sausage Links Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Hot Dog/Chili Dog, Potato Wedges*, Baked Beans, Cucumbers, Fruit, Cookie(E) Milk</p>
<p><b>9</b> <b>BREAKFAST:</b> Colby Cheese Omelet, Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Crisritos, Corn,Lettuce, Cookie* Fruit, Milk</p>	<p><b>10</b> <b>BREAKFAST:</b> Muffin/Cereal, Yogurt/Toast Fruit, Juice, Milk <b>LUNCH:</b> Crispy Chicken Wrap w/Toppings, Glazed Carrots, Baked Beans, Cucumber FF, Fruit, Milk</p>	<p><b>11</b> <b>BREAKFAST:</b> Fr. Toast Sticks/ Toast/Cereal, Fruuit, Juice, Milk <b>LUNCH:</b> Spaghetti w/Meat Sauce, Garlic Twist Breadstick, Lettuce Salad, Grape Tomatos, Fruit, Milk</p>	<p><b>12</b> <b>BREAKFAST:</b> Muffin/Cereal Yogurt/Fruit, Juice, Milk <b>LUNCH:</b> Grilled Cheese Sandwich,Tomato Soup Broccoli, Cottage Cheese, Fruit,Milk</p>	<p><b>13</b> <b>BREAKFAST:</b> Srambled Eggs &amp; Ham/Toast/Cereal/Fruit,Juice Milk <b>LUNCH:</b> Sloppy Joes, Onoin Rings, California Blend Veggie,Fruit, Milk</p>
<p><b>16</b> <b>BREAKFAST:</b> Sausage*, Egg &amp; Cheese Croissant/Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Breaded Pork Steak Mashed Potatoes, Peas, Dinner Roll, Fruit, Milk</p>	<p><b>17</b> <b>BREAKFAST:</b> Muffin/Toast/ Cereal/ Yogurt, Fruit, Juice, Milk <b>LUNCH:</b> Cheese Pizza, Lettuce Salad*, Garlic Butter Veggies,Baby Carrots, Fruit, Milk</p>	<p><b>18 1:30 EARLY OUT</b> <b>BREAKFAST:</b> Sugar &amp; Cinnamon Snack Bread Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Chicken-Waffle Bites, Broccoli, Hashbrown patty, Cookie, Fruit, Milk</p>	<p><b>19</b> <b>BREAKFAST:</b> Muffin/Toast/ Cereal/ Yogurt, Fruit, Juice, Milk <b>LUNCH:</b> Hamburger/Cheeseburger, Crinkle Cut Fries, Baked Beans, Tomato Slices,Fruit, Milk</p>	<p><b>20 1:30 EARLY OUT</b> <b>BREAKFAST:</b> Colby Cheese Omelet/Toast/Cereal, Fruit,Juice Milk <b>LUNCH:</b> Turkey or Ham Mashed Potatos H.S. Chicken Strips E Glazed Carrots, Lettuce Cookie, Ice Cream, Fruit, Milk</p>
<p><b>23</b> <b>CLOSED</b> Winter Break</p>	<p><b>24</b> <b>CLOSED</b> Winter Break</p>	<p><b>25</b> <b>CLOSED</b> Winter Break</p>	<p><b>26</b> <b>CLOSED</b> Winter Break</p>	<p><b>27</b> <b>CLOSED</b> Winter Break</p>
<p><b>30</b> <b>CLOSED</b> Winter Break</p>	<p><b>31</b> <b>CLOSED</b> Winnter Break</p>	<p><b>SALAD BAR AVAILABLE DAILY AT THE H.S.</b></p>		

All bread/buns are whole grain-rich  
All milk is 1% low-fat or fat-free

**MENU SUBJECT TO CHANGE**

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\* = Jr./Sr. High only, E = Elementary only  
FF = Finger Foods