

BREAKFAST & LUNCH

N-K

MARCH MENU

2023-2024
School Year

Elementary &
Ms./Sr. High Schools

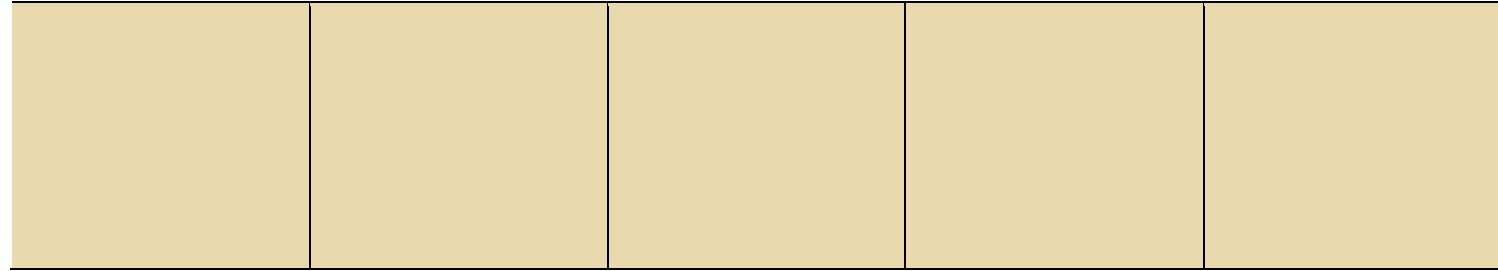
NORTHWOOD-KENSETT COMMUNITY SCHOOL DISTRICT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;">SALAD BAR AVAILABLE DAILY AT THE MS/SR. HIGH SCHOOL except as noted</p>				<p>1</p> <p>BREAKFAST: Elem: Green Eggs & Ham H.S. Yogurt Smoothies/ Toast/Cereal, Fruit, Juice, Milk LUNCH: Chicken Alfredo, Glazed Carrots, Winter Blend Veggies, Garlic Toast, Fruit, Milk</p>
				<p>8</p> <p style="text-align: center;">CLOSED No School</p>
<p>4</p> <p>BREAKFAST: Oatmeal with Toppings/Toast/Cereal, Fruit, Juice, Milk LUNCH: Chicken Nuggets, Cheesy Potatoes, Broccoli, Tea Roll, Fruit, Milk</p>	<p>5</p> <p>BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Tacos, Black Bean Salsa Salad* Shredded Lettuce, Corn, Red Peppers, Rice Krispie Treats* Fruit, Milk</p>	<p>6</p> <p>BREAKFAST: Iced Long Toast/Cereal, Fruit, Juice, Milk LUNCH: Creamed Chicken Gravy, Biscuit, Mashed Potatoes Peas, Fruit, Milk</p>	<p>7</p> <p>BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Corn Dogs, Baked Beans, French Fries, Fruit, Milk</p>	
<p>11</p> <p style="text-align: center;">CLOSED Spring Break</p>	<p>12</p> <p style="text-align: center;">CLOSED Spring Break</p>	<p>13</p> <p style="text-align: center;">CLOSED Spring Break</p>	<p>14</p> <p style="text-align: center;">CLOSED Spring Break</p>	<p>15</p> <p style="text-align: center;">CLOSED Spring Break</p>
<p>18</p> <p>BREAKFAST: Breakfast Pizza/Toast/Cereal, Fruit, Juice, Milk LUNCH: Breaded Chicken Patty on Bun, Shredded Lettuce, Baked Beans, California Blend Fruit, Milk</p>	<p>19</p> <p>BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Lasagna, Lettuce Salad, Grape Tomatoes, Glazed Carrots, Garlic Toast, Fruit, Milk</p>	<p>20 1:30 EARLY OUT</p> <p>BREAKFAST: Mini Donut, Toast, Cereal, Fruit, Milk LUNCH: Beef Dippers, Teriyaki Sauce, Rice, Broccoli, Veg. Egg Roll, Fruit, Milk</p>	<p>21</p> <p>BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: French Bread Pizza, Corn, Baby Carrots, Cookie* Fruit, Milk</p>	<p>22</p> <p>BREAKFAST: Mini Waffles Toast/ Cereal, Fruit, Juice Milk LUNCH: Popcorn Chicken, Mashed Potatoes, Gravy, Green Beans, Tea Roll, Fruit, Milk</p>
<p>25</p> <p>BREAKFAST: Yogurt Parfaits, Toast/Cereal, Fruit, Juice, Milk LUNCH: Beef Nachos, Broccoli, Tomatoes, Shredded Lettuce, Red Peppers, Fruit, Milk</p>	<p>26</p> <p>BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Pulled Pork Sandwich, Mac-n-Cheese, Green Beans, Coleslaw, Fruit, Milk</p>	<p>27</p> <p>BREAKFAST: Iced Long John/ Toast/Cereal, Fruit, Juice, Milk LUNCH: Cheesy Breadsticks, Meat Sauce Lettuce Salad, Grape Tomatoes, Corn, Fruit, Milk</p>	<p>28</p> <p>BREAKFAST: Muffin/Toast, Cereal, Fruit, Juice, Milk LUNCH: Chili/ Chicken Noodle Soup Glazed Carrots, Winter blend Veggies, Crackers, Cinnamon Roll, Fruit, Milk No ALTERNATES</p>	<p>29</p> <p style="text-align: center;">CLOSED Good Friday</p>

All bread/buns are whole grain-rich only
All milk is 1% low-fat or fat-free

MENU SUBJECT TO CHANGE

* = Ms./Sr. High only, **E** = Elementary



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