



2023-2024
School Year

MAY MENU

Elementary &
Ms./Sr. High Schools

NORTHWOOD-KENSETT

COMMUNITY SCHOOL DISTRICT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>SALAD BAR AVAILABLE DAILY AT THE MS./SR. HIGH SCHOOL</p> <p>No Salads last week of school</p>		<p>1</p> <p>BREAKFAST: Iced Long John/Toast/Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Cheesy Breadsticks & Meat Sauce, Lettuce Salad, Grape Tomatoes, Corn, Fruit, Milk</p>	<p>2</p> <p>BREAKFAST: Muffin/Toast/Yogurt (E) Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Tomato Soup, Grilled Cheese Sandwich, Buttered Carrots, Cottage Cheese, Fruit, milk</p>	<p>3</p> <p>BREAKFAST: Scrambled Eggs, Sausage Links, Toast, Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Hot Dog or Chili Dog*, Crinkle Cut Fries* Baked Beans, Cucumbers, Fruit, Milk</p>
		<p>6</p> <p>BREAKFAST: Colby Cheese Omelet/Toast/Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Crispy Chicken Wrap Diced Tomatoes, Shred. Lettuce, Glazed Carrots, Cucumber, Fruit, Milk</p>	<p>7</p> <p>BREAKFAST: Muffin/Toast/Yogurt (E) Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Crisпитos, California Blend, Shredded Lettuce, Tomatoes, Fruit, Milk</p>	<p>8 EARLY OUT</p> <p>BREAKFAST: French Toast Sticks/Toast/Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Cheddarwurst on Bun, Crinkle Cut Fries, Green Beans, Fruit, Milk</p>
<p>13</p> <p>BREAKFAST: Sausage, Egg Cheese Croissant, Toast/Cereal, Fruit Juice, Milk</p> <p>LUNCH: Breaded Pork Steak, Mashed Potatoes, Green Peas, Tea Roll, Fruit, Milk</p>	<p>14</p> <p>BREAKFAST: Muffin/Toast/Yogurt (E) Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Cheese Pizza, Lettuce Salad, Grape Tomatoes, Garlic Butter Veggies, Fruit, Milk</p>	<p>15</p> <p>BREAKFAST: Snack Bread, Toast/Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Chicken Patty on Bun, Broccoli, Potato Wedges, Shred. Lettuce Fruit, Milk</p>	<p>16</p> <p>BREAKFAST: : Muffin/Toast/Yogurt (E) Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Corn Dogs, Baked Beans, Crinkle Cut Fries, Fruit, Milk</p>	<p>17 Students' Last Day</p> <p>BREAKFAST: Yogurt Fruit Smoothy, Toast, Cereal, Fruit, Juice, Milk</p> <p>LUNCH: Hamburger/Cheese burger on Bun, Chips, Veggie Juice, Fruit, Milk</p>
20	21	22	23	24
<h1>Summer Break</h1>				
27	28	29	30	31
<p>We will be participating in the Summer Food Program starting Tuesday May 28 thru July 26 at the Elem. Cafeteria.</p> <p>Free lunch for children 1-18</p>				

All bread/buns are whole grain-rich only
All milk is 1% low-fat or fat-free

MENU SUBJECT TO CHANGE

* = Ms./Sr. High only, E = Elementary

BREAKFAST & LUNCH



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