



**2019-2020
School Year**

JUNE MENU

**Elementary &
Jr./Sr. High Schools**

NORTHWOOD-KENSETT

COMMUNITY SCHOOL DISTRICT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 BREAKFAST: Cereal, Granola Bar, Juice, Milk LUNCH: Uncrustable, veggies, Cookie, Fruit, Milk	2 BREAKFAST: Muffin, yogurt, Juice, Milk LUNCH: Hamburger on Bun, French Fries, Fruit, Milk	3 BREAKFAST: Cereal, Granola Bar, Juice, Milk LUNCH: Turkey & Cheese Bun, Veggies, Chips Fruit, Milk	4 BREAKFAST: Mini Donuts, Yogurt Juice, Milk LUNCH: Cheddarwurst on Bun, Rice Krispie Treat, Veggies, Fruit, Milk,	5 BREAKFAST: Cereal, Granola Bar, Juice, Milk LUNCH: Breaded Pork Steak, Potato Wedges, Veggies, Fruit, Milk
8 BREAKFAST: Cereal, Granola Bar, Juice, Milk LUNCH: Uncrustable, Veggies, Cookie, fruit, Milk	9 BREAKFAST: Poptart, Yogurt, Juice, Milk LUNCH: Popcorn Chicken, French Fries, Fruit, Milk	10 BREAKFAST: Cereal, Granola Bar, Juice, Milk LUNCH: Turkey & Cheese on Bun, Chips, Veggies, Fruit, Milk	11 BREAKFAST: Muffin, Yogurt Juice, Milk LUNCH: French Bread Pizza, Veggies, Fruit, Milk	12 BREAKFAST: Cereal, Granola Bar, Juice, Milk LUNCH: Meatballs, Potato Wedges, Veggies, Fruit, Milk
15 BREAKFAST: Cereal, Granola Bar, Juice, Milk LUNCH: Uncrustables, Veggies, Cookies, Fruit, Milk	16 BREAKFAST: Cinnamon Snack Bread, Yogurt, Juice, Milk LUNCH: Chicken Strips, Mozzarella Sticks, Veggies, Fruit, Milk	17 BREAKFAST: Cereal, Granola Bar, Juice, Milk LUNCH: Turkey & Cheese on Bun, Chips, Veggies Fruit, Milk	18 BREAKFAST: Long Jons, Yogurt, Juice, Milk LUNCH: Meat Balls, Tator Tots, Veggies, Fruit, Milk	19 BREAKFAST: Cereal, Granola Bar, Juice, Milk LUNCH: Hot Dog on Bun French Fries, Fruit, Milk
22 BREAKFAST: Cereal, Granola Bar, Juice, Milk LUNCH: Uncrustables, Veggies, Cookie, Fruit, Milk	23 BREAKFAST: Poptarts Yogurt, Juice, Milk LUNCH: Chicken Nuggets, Hashbrown, Veggies, Fruit, Milk	24 BREAKFAST: Cereal, Granola Bar, Juice, Milk LUNCH: Turkey or Ham & Cheese on bun, Chips Veggies Fruit, Milk	25 BREAKFAST: Mini Donuts, Yogurt, Juice, Milk LUNCH: Chips & Nacho Cheese Veggies, Fruit, Milk	26 BREAKFAST: Cereal, Granola Bar, Juice, Milk LUNCH: Breaded Pork Steak, French Fries, Veggies, Fruit, Milk
29 BREAKFAST: Cereal, Granola Bar, Juice, Milk, LUNCH: Uncrustable, Veggies, Cookie, Fruit, Milk	30 BREAKFAST: Muffin or Mini Donut, Yogurt, Juice, Milk LUNCH: Corn Dogs, Chips, Veggies Fruit, Milk			

All bread/buns are whole grain-rich
All milk is 1% low-fat or fat-free

MENU SUBJECT TO CHANGE

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*=Jr./Sr. High only, E=Elementary only
FF=Finger Foods