

BREAKFAST & LUNCH



2019-2020
School Year

MAY MENU

Elementary &
Jr./Sr. High Schools

NORTHWOOD-KENSETT

COMMUNITY SCHOOL DISTRICT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>OFFERING TAKE AND BAKE ITEMS PLEASE FOLLOW INSTRUCTIONS INCLUDED</p>				<p>1 BREAKFAST: Cereal, Granola bar, Juice, Milk LUNCH: Popcorn Chicken, French Fries Veggies Fruit, Milk</p>
<p>4 BREAKFAST: Cereal, Granola Bar, Juice, Milk LUNCH: Uncrustables, Veggies Cookie, Fruit, Milk</p>	<p>5 BREAKFAST: Mini Donuts, yogurt, Juice, Milk LUNCH: Turkey or Ham on Bun, Veggies, Chips, Fruit, Milk</p>	<p>6 BREAKFAST: Cereal Granola Bar, Juice, Milk LUNCH: Hamburger on Bun, French Fries, Veggies, Fruit, Milk</p>	<p>7 BREAKFAST: Omelets, Sausage Links, Juice, Milk LUNCH: Chips & Nacho Cheese, Rice Krispie Treats, Veggies, Fruit, Milk</p>	<p>8 BREAKFAST: Cereal, Granola Bar, Juice, Milk LUNCH: Breaded Pork Steak, Potato Wedges, Veggies, Fruit, Milk</p>
<p>11 BREAKFAST: Cereal, Granola Bar Juice, Milk LUNCH: Uncrustables, Veggies, Cookie, Fruit, Milk</p>	<p>12 BREAKFAST: Cinnamon Snack Bread, Yogurt, Juice, Milk LUNCH: Turkey or Ham on Bun, Chips Veggies, Fruit, Milk</p>	<p>13 BREAKFAST: Cereal, Granola Bar, Juice, Milk LUNCH: Chicken Strips, Mozzarella Cheese Sticks, Fruit, Milk</p>	<p>14 BREAKFAST: French Toast Sticks Yogurt, Juice, Milk LUNCH: French Bread Pizza, Veggies, Fruit, Milk</p>	<p>15 BREAKFAST: Cereal, Granola Bar, Juice, Milk LUNCH: Hot dog on Bun Chips, Veggies, Cookie, Fruit, Milk</p>
<p>18 BREAKFAST: Cereal, Granola Bar, Juice, Milk LUNCH: Uncrustables, Veggies, Cookie, Fruit, Milk</p>	<p>19 BREAKFAST: Poptarts, Yogurt Juice, Milk LUNCH: Turkey or Ham on Bun, Chips, Veggies, Fruit, Milk</p>	<p>20 BREAKFAST: Cereal, Granola Bar Juice, Milk LUNCH: Chicken Nuggets Hashbrowns, Veggies, Fruit, Milk</p>	<p>21 BREAKFAST: Pancakes, Yogurt, Juice, Milk LUNCH: Chips & Nacho Cheese, Veggies, Fruit, Milk</p>	<p>22 BREAKFAST: Cereal, Granola Bar, Juice, Milk LUNCH: Hamburgers On Bun French Fries, Veggies, Fruit Milk</p>
<p>25 No Lunch</p>	<p>26 BREAKFAST: Cereal, Granola Bar, Juice, LUNCH: Uncrustables Veggies, Cookie, Fruit, Milk</p>	<p>27 BREAKFAST: Muffin, Yogurt, Juice, Milk LUNCH: Corn Dogs, Tator Tots Veggies, Fruit, Milk</p>	<p>28 BREAKFAST: Sausage Pancake on Stick, Yogurt, Juice, Milk LUNCH: Breaded Pork Steak Potato Wedges, Veggies Fruit, Milk</p>	<p>29 BREAKFAST: Cereal, Granola Bar, Juice, Milk LUNCH: Chicken Patty on Bun, Chips, Veggies, Fruit, Milk</p>

MENU SUBJECT TO CHANGE

All bread/buns are whole grain-rich
All milk is 1% low-fat or fat-free

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* = Jr./Sr. High only, E = Elementary only
FF = Finger Foods

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