

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 BREAKFAST: Colby Cheese Omelet/Toast/Cereal, Fruit, Juice, Milk LUNCH: Chicken Strip Wrap, Broccoli, Hashbrowns (H.S.) Shred. Lettuce, Diced Tomatoes, Cucumbers, Fruit,	3 BREAKFAST: Muffins/Toast/Cereal, Fruit, Juice, Milk LUNCH: Crisпитos, Refried Beans, Corn, Shredded Lettuce, Diced Tomatoes, Fruit, Milk	4 BREAKFAST: French Toast Sticks/Toast/Cereal, Fruit, Juice, Milk LUNCH: Spaghetti w/ Meat Sauce, Lettuce Salad, Grape Tomatoes, Garlic Bread, Fruit, Milk	5 BREAKFAST: Muffins/Toast/Cereal, Fruit, Juice, Milk LUNCH: Chili/Chicken Noodle Soup, Grazed Carrots, Winter Mix, Cinnamon Roll, Crackers Fruit, Milk	6 BREAKFAST: Toast/Cereal, Fruit, Juice, Milk LUNCH: Pizza Crunchers, Green Beans, Cauliflower, Cookie, Fruit Milk
9 BREAKFAST: Saus. Egg Croissant/ Toast/Cereal, Fruit, Juice, Milk LUNCH: Chicken Nuggets, Cheesy Potatoes, (H.S.) Potato Smiles (E) Celery/Baby Carrots, Cookie, Fruit, Milk	10 BREAKFAST: Muffins/ Yogurt/Toast/Cereal, Fruit, Juice, Milk LUNCH: Cheese Pizza, Lettuce Salad, Grape Tomatoes, Garlic Butter Veggies, Fruit, Milk	11 BREAKFAST: Snack Bread, Toast/Cereal, Fruit, Juice, Milk LUNCH: Orange Chicken, Rice Broccoli, Dinner Roll, Tea Roll (E), Fruit, Milk	12 BREAKFAST: Muffins/ Yogurt/Toast/Cereal, Fruit, Juice, Milk LUNCH: Hamburger on Bun French Fries* Baked Beans, Tomato Slices, Cucumbers (E) Fruit, Milk	13 NO SCHOOL
16 BREAKFAST: Oatmeal with Toppings/ Toast/Cereal, Fruit, Juice, Milk LUNCH: Sloppy Joes, Broccoli, Crispy Green Beans, Fruit, Milk	17 BREAKFAST: Breakfast Bagel/Yogurt/ Cereal/Toast/, Fruit, Juice, Milk LUNCH: Walking Taco, Spanish Rice, Corn, Shred. Lettuce, Tomatoes, Rice Krispie Treat*, Fruit, Milk	18 BREAKFAST: Iced Long Johns/ Toast/Cereal, Fruit, Juice, Milk LUNCH: Wild Mikes Pizza, Buttered Carrots, Red peppers, Fruit, Milk	19 BREAKFAST: Muffins/Yogurt Toast/Cereal, Fruit, Juice, Milk LUNCH: Corn Dogs, Baked Beans, French Fries, Radishes* Fruit, Milk	20 THANKSGIVING BREAKFAST: Breakfast Egg Scrambled/ Toast/ Cereal, Fruit, Juice, Milk LUNCH: Turkey, Mashed Potatoes, Gravy, Green Bean Casserole*Gr. Beans, Pumpkin Dessert, Tea Roll, Fruit, Milk
23 BREAKFAST: Breakfast Pizza/ Toast/Cereal, Fruit, Juice, Milk LUNCH: Breaded Chicken Patty on Bun, Potato Wedges, Broccoli, Sliced Tomatoes, Fruit, Milk NO SALAD BAR	24 BREAKFAST: Muffins/Yogurt Toast/Cereal, Fruit, Juice, Milk LUNCH: Cheddarwurst on Bun Baked Beans, California Blend Veggies, Fruit, Milk NO SALADS BAR	25 NO SCHOOL THANKSGIVING BREAK	26 NO SCHOOL THANKSGIVING BREAK	27 NO SCHOOL THANKSGIVING BREAK
30 BREAKFAST: Yogurt Parfaits/ Toast/Cereal, Fruit, Juice, Milk LUNCH: Beef Nachos, Broccoli, Diced Tomatoes, Shredded Lettuce, Red Peppers, Fruit, Milk	SALAD BAR AVAILABLE DAILY AT THE MS./SR. HIGH SCHOOL except as noted NO SALADS OR ALTERNATE (E) NOV. 20			

