

2025- 2026  
School Year

## SEPTEMBER MENU

Elementary &  
Ms./Sr. High Schools

NORTHWOOD-KENSETT

COMMUNITY SCHOOL DISTRICT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> <b>CLOSED</b> <b>FOR LABOR DAY</b> <b>No School</b>	<b>2</b> <b>BREAKFAST:</b> Muffins, Yogurt, Toast/Cereal, Fruit, Milk <b>LUNCH:</b> Beef Pizza, Lettuce Salad, Grape Tomatoes, Garlic Veggies, Fruit, Milk	<b>3</b> <b>BREAKFAST:</b> Snack Bread, Toast/Cereal, Fruit, Milk <b>LUNCH:</b> Orange Chicken, Rice, Broccoli, Dinner Roll * Tea Roll, Fruit, Milk	<b>4</b> <b>BREAKFAST:</b> Muffins, Yogurt, Toast/Cereal, Fruit, Milk <b>LUNCH:</b> Hamburgers, French Fries, Baked Beans, Tomato slices, Fruit, Milk	<b>5</b> <b>BREAKFAST:</b> Yogurt Parfaits, Toast/Cereal, Fruit, Milk <b>LUNCH:</b> Chicken Alfredo Glazed Carrots, Winter mix Veggies* Garlic Toast, Fruit, Milk
<b>8</b> <b>BREAKFAST:</b> Oatmeal w/toppings, Toast/Cereal, Fruit, Milk <b>LUNCH:</b> , Sloppy Joes, Onion Rings, Broccoli, Fruit, Milk	<b>9</b> <b>BREAKFAST:</b> Muffins, Yogurt, Toast/Cereal, Fruit, Milk <b>LUNCH:</b> Tacos w/toppings Black Bean Salsa* Corn, Red Peppers, Rice Krispie Bar* Fruit, Milk	<b>10</b> <b>BREAKFAST:</b> Iced Long Johns, Toast/Cereal, Fruit, Milk <b>LUNCH:</b> Creamed Chicken over Biscuits, Mashed Potatoes, Green Peas, Fruit, Milk	<b>11</b> <b>BREAKFAST:</b> Muffins, Yogurt, Toast/Cereal, Fruit, Milk <b>LUNCH:</b> Corn dogs, Baked Beans, Crinkle Cut Fries, Radishes* Fruit, Milk	<b>12</b> <b>BREAKFAST:</b> Breakfast Egg Scramble, Toast/Cereal, Fruit, Milk <b>LUNCH:</b> Pizza Crunchers, Buttered Carrots, Cauliflower, Cookie, Fruit, Milk
<b>15</b> <b>BREAKFAST:</b> Breakfast Pizza Toast/Cereal/ Fruit, Milk <b>LUNCH:</b> Breaded Chicken Patty on Bun, Shred. Lettuce, Sliced Tomatoes* Potato Wedges, Broccoli Fruit, Milk	<b>16</b> <b>BREAKFAST:</b> Muffins, Yogurt, Toast/Cereal, Fruit, Milk <b>LUNCH:</b> Lasagna, Garlic Breadsticks Lettuce Salad, w/ Tomatoes, Buttered Carrots, Fruit, Milk	<b>17 1:30 EARLY OUT</b> <b>BREAKFAST:</b> Mini Donuts(E) Donut Holes, Toast/Cereal, Fruit, Milk <b>LUNCH:</b> Cheddarwurst on Bun, Baked Beans, California Blend Veggie., Fruit, Milk	<b>18</b> <b>BREAKFAST:</b> Muffins, Yogurt, Toast/Cereal, Fruit, Milk <b>LUNCH:</b> Deep Dish Pizza, Corn, Baby Carrots, Cookie* Fruit, Milk	<b>19</b> <b>BREAKFAST:</b> Eggo Waffles, Toast/Cereal, Fruit, Milk <b>LUNCH:</b> Popcorn Chicken, Mashed Potatoes, Gravy, Green Beans, Tea Roll, Fruit, Milk
<b>22</b> <b>BREAKFAST:</b> Yogurt Parfaits, Toast/Cereal, Fruit, Milk <b>LUNCH:</b> Beef Nachos, Broccoli, Shredded Lettuce, Tomatoes Fruit, Milk	<b>23</b> <b>BREAKFAST:</b> Muffins, Yogurt, Toast/Cereal, Fruit, Milk <b>LUNCH:</b> Pulled Pork on bun, Mac-N-Cheese, Green Beans, Coleslaw, Fruit, Milk	<b>24</b> <b>BREAKFAST:</b> Iced Long Johns Toast/Cereal, Fruit, Milk <b>LUNCH:</b> Cheesy Breadsticks w/ Dippin Sauce, Lettuce Salad w/Grape Tomatoes, Garlic Veggies, Fruit, Milk	<b>25</b> <b>BREAKFAST:</b> Muffins Yogurt, Toast/Cereal, Fruit, Milk <b>LUNCH:</b> Tomato Soup, Grilled Cheese Sandwich, Baby Carrots, Cottage Cheese, Fruit, Milk	<b>26</b> <b>BREAKFAST:</b> Scrambled Eggs & Sausage Links/Toast/Cereal, Fruit, Milk <b>LUNCH:</b> Hot Dog, Crinkle Cut Fries (H.S.) Baked Beans, Cauliflower, Fruit, Milk
<b>29</b> <b>BREAKFAST:</b> Colby Cheese Omelet, Toast/Cereal, Fruit, Milk <b>LUNCH:</b> Chicken Strip Wrap, Shred.Lettuce, Tomatoes Glazed Carrots, Cucumbers Fruit, Milk	<b>30</b> <b>BREAKFAST:</b> Muffins, Yogurt, Toast/Cereal, Fruit, Milk <b>LUNCH:</b> Crisпитos, California Blend, Crispy Green Beans Shred.Lettuce, Tomatoes, Cookie HS Fruit, Milk	<b>SALAD BAR AVAILABLE DAILY AT THE MS./SR. HIGH SCHOOL</b>		

All bread and buns are whole grain-rich  
All milk is 1% low-fat or fat-free

MENU SUBJECT TO CHANGE

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\*Ms/Sr High only, E = Elementary on  
FF = Finger Foods

BREAKFAST & LUNCH



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